

Alcohol and Teenagers (12-17yrs)

In WA, fewer teenagers are choosing to drink alcohol. However, of those who drank in the last week, many are drinking at harmful levels.

Of young people who drank recently* behaviours included:



23%
Arguing



34%
Vomiting



13%
Hitting someone
or having a fight

Research shows that approximately:



1 in 3 teenagers had never tried alcohol.



1 in 7 drank alcohol in the last week.

Of those who drank in the last week:



Almost **1 in 3** drank at levels considered harmful for adults.



The average amount consumed was **6.2** standard drinks.



2 in 3 parents choose not to provide alcohol and it's reducing alcohol-related harm.

**For under 18's,
NO alcohol is the
safest choice**

Drinking alcohol from a young age increases the risk of health problems.

Memory problems
Learning difficulties
Lack of concentration
Increased risk-taking
Problems with family and friends
Risky sexual behaviour
Academic failure
Physical injury
Poor mental health
Depression
Self-harm
Suicide

* 'Recently' is defined as during the last week. However, behaviour could have occurred anytime during the last year. Every reasonable effort has been made to ensure the accuracy of this resource at the time of publication. For more information go to: alcoholthinkagain.com.au

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