



Strong Spirit Strong Mind

Aboriginal ways to reduce harm from alcohol & other drugs

At alcoholthinkagain.com.au you will find:

- Alcohol information
- How alcohol can affect your mind and body
- Tips to keep you and your family and friends safe
- Where you can get help or information

At drugaware.com.au you will find:

- Drug information
- What drugs can do to your mind and body
- Emergency information
- Where you can get help or information

