



Every drink increases your risk.

Alcohol causes cancer, which can develop in your mouth, throat, breasts, pancreas, liver or bowel. The World Health Organization has classified alcohol as a Group 1 carcinogen together with tobacco smoke and asbestos. It's estimated that each year in Australia, alcohol consumption causes 2,997 new cases of cancer and 1,376 deaths.

To stay at low risk of developing alcohol-caused cancer and other diseases, health experts recommend having no more than two standard drinks on any day. To find out more, visit alcoholthinkagain.com.au today.

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