

# Alcohol and Young People (12-17yrs)

**In WA, fewer young people are choosing to drink alcohol.**



**However, of those who drank in the last week, many are drinking at harmful levels.**

**Research shows that approximately:**



**1 in 3** young people had **never tried alcohol.**



**1 in 7** drank alcohol in the **last week.**

**Of those who drank in the last week:**

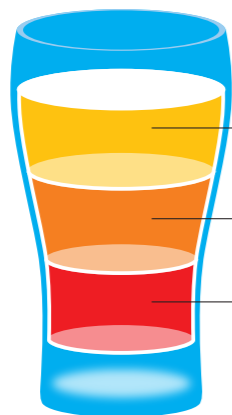


Almost **1 in 3** drank at levels considered **harmful for adults.**



The average amount consumed was **6.2 standard drinks.**

**They mainly got their alcohol from:**



**31% Friends**

**30% Parents**

**16% Someone else bought it for them**

**Drinking alcohol from a young age increases the risk of health problems.**

**memory problems**  
**learning difficulties**  
 lack of concentration  
 academic failure  
 problems with family and friends  
**risky sexual behaviour**  
**physical injury**  
 increased risk-taking  
 anti-social behaviour  
**poor mental health**  
 depression self-harm  
**suicide**

**For under 18s, NO alcohol is the safest choice**

**Of young people who drank recently\* behaviours included:**



**34% Vomiting**



**23% Arguing**



**13% Hitting someone or having a fight**

**We all want to see our children reach their potential.**

**That's why no one should supply alcohol to under 18s.**

\* 'Recently' is defined as during the last week. However, behaviour could have occurred anytime during the last year. Every reasonable effort has been made to ensure the accuracy of this resource at the time of publication. For more information go to: [alcoholthinkagain.com.au](http://alcoholthinkagain.com.au)  
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