



alcohol
thinkagain

Reducing your drinking reduces your risk

Visit alcoholthinkagain.com.au for:

- Campaign videos and publications.
- An interactive standard drink tool - to learn what is a standard drink.
- Risk assessment tools to help identify your drinking patterns and any risks posed by your drinking level.
- Information about what you can do to respond to alcohol-related problems affecting you or your community.
- Where to access local support services.

